

POWER GYM (REINOSA)

		LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00:00	08:00:00							
	08:15:00							
	08:30:00							
	08:45:00							
09:00:00	09:00:00							
	09:15:00							
	09:30:00							
	09:45:00							
10:00:00	10:00:00							
	10:15:00							
	10:30:00							
	10:45:00							
11:00:00	11:00:00							
	11:15:00							
	11:30:00							
	11:45:00							
12:00:00	12:00:00							
	12:15:00							
	12:30:00							
	12:45:00							
13:00:00	13:00:00							
	13:15:00							
	13:30:00							
	13:45:00							
14:00:00	14:00:00							
	14:15:00							
	14:30:00							
	14:45:00							
15:00:00	15:00:00							
	15:15:00							
	15:30:00							
	15:45:00							
16:00:00	16:00:00							
	16:15:00							
	16:30:00							
	16:45:00							
17:00:00	17:00:00							
	17:15:00							
	17:30:00							
	17:45:00							
18:00:00	18:00:00							
	18:15:00							
	18:30:00							
	18:45:00							
19:00:00	19:00:00							
	19:15:00							
	19:30:00							
	19:45:00							
20:00:00	20:00:00	ESPARTA TRAINING STRIKING KICK BOXING	ESPARTA TRAINING METHOD (MMA)	ESPARTA TRAINING STRIKING KICK BOXING	ESPARTA TRAINING METHOD (MMA)	ESPARTA TRAINING STRIKING KICK BOXING		
	20:15:00							
	20:30:00							
	20:45:00							
21:00:00	21:00:00							
	21:15:00							
	21:30:00							
	21:45:00							
22:00:00	22:00:00							
	22:15:00							
	22:30:00							
	22:45:00							
23:00:00	23:00:00							
	23:15:00							
	23:30:00							
	23:45:00							
00:00:00	00:00:00							
	00:15:00							
	00:30:00							
	00:45:00							

	ESPARTA TRAINING STRIKING KICK BOXING
	ESPARTA TRAINING METHOD (MMA)